

TRAINING NEED ASSESSMENT FORM

(For seeking suggestions from Training Institutes and designing DPE's Training Calendar for FY 2022-23. Please note that all programs irrespective of mode i.e. e-learning/residential, shall be full day program with minimum four sessions of 75 minutes each)

1 Name of the Training Institute

Art of Living Foundation

2. List of Training Specializations of your Institute:

Over the last four decades, The Art of Living has developed several Yoga, Meditation and Ancient Wisdom based capacity building professional training programs, specifically designed to suit diverse groups - individuals, government, armed forces, law enforcement agencies, business and corporate sectors, as well as for vulnerable and marginalized groups like prison inmates, victims of natural/ man-made disasters and conflict situations.

3. Proposed capacity building activities for executives of CPSEs

Ref. No.	Topic of Training Program
1	Building Competencies for Personal Excellence (BCPE)
2	
3	
4	
5	

4. Implementation Plan to conduct training programs

S. No.	Ref. No. of Program ¹	Mode ²	Participants Level ³	Duration (in days)	Venue (name of city)
1	1	R-Residential	SL-Senior Level	5 consecutive days	At Art of Living International Centre, Bengaluru or as desired by your institution

2	1	S-(E-learning (Synchronous))	SL-Senior Level	3 consecutive days	Zoom or similar application your institution recommends
3					
4					
5					

2. Proposed charges to conduct the program

S. No.	Ref. No. of Program ¹	Mode ²	Rate per participant per day (in Rs)
1	1	R-Residential	Rs. 10,000 per person per day
2	1	S-(E-learning (Synchronous))	Rs. 5,000 per person per day
3			
4			
5			

3. Kindly attach program schedule in the following format along with 4-5 lines of broad coverage and learning outcomes for each program:

Day	Session-1	Session-2	Session-3	Session-4
1	Inauguration+Morning Session	Afternoon Session	Cultural Evening, Music or Meditation	
2	Yoga Session	Morning Session	Afternoon Session	Cultural Evening, Music or Meditation
3	Yoga Session	Morning Session	Afternoon Session	Cultural Evening, Music or Meditation
4	Yoga Session	Morning Session	Afternoon Session	Cultural Evening, Music or

				Meditation
5	Yoga Session	Morning Session+Closing		

(Note: ¹Use Ref. No. from list available at S. No 3; ²Use Mode as 'S' for E-learning (Synchronous); 'A' for E-learning (Asynchronous); 'H' for E-learning (Hybrid); 'R' for Residential; 'NR' for Non-residential; ³Use participants level as 'SL' for Senior Level; 'ML' for Middle Level; 'JL' for Junior Level)